

PROGRAMME TOPICS

- ◆ Accommodation and Living Options
- ◆ Getting the Help you Need – resources that are available in the community
- ◆ Health and Fitness
- ◆ Legal Issues that need to be considered, including wills & Powers of Attorney
- ◆ Insurance and Financial Matters*
- ◆ Planning Funerals
- ◆ Life's Big Questions for the Third Age
- ◆ Answering Your Questions – a panel discussion on Friday afternoon.
- ◆ An inspirational speaker on “Making a Difference – Stepping out into your community in retirement – finding the cause within you and activating it.”

**Our 'Insurance and Financial Matters' speaker is aware that this is a wide topic and would appreciate if people have specific questions you would like them to address please include them when registering. In fact if you have specific questions on any of the topics please let us know.*

**SOUP AND ROLLS WILL BE PROVIDED
BOTH DAYS, FOR LUNCH**

REGISTRATION DETAILS:

In order to help with catering, please RSVP if you would like to attend.

By email to Harvey Smith

Christchurch1883@gmail.com

by Monday 7th September.

Or by telephone

Revd Harvey Smith 579 5279.

**PLEASE FEEL FREE TO INVITE OTHERS
WHO MAY BE INTERESTED!**

CONTACTS:

Christ Church Ellerslie:

Revd Harvey Smith: 579.5279

Email: christchurch1883@gmail.com

St Peter's Presbyterian Church:

Revd Howard Carter: 579.4428 or 0277508602

Email: howardkris.carter@gmail.com

Mountainside Lutheran Church:

Revd Joe Kummerow: 579.9440

Email: joe.kummerow@clear.net.nz

LIVING WELL IN YOUR LATER YEARS



A RETIREMENT SEMINAR

THURSDAY/FRIDAY

10/11TH SEPTEMBER 2015

10AM-2:30PM

**ST PETER'S PRESBYTERIAN
CHURCH**

7 HARRISON ROAD

ELLERSLIE

**A FREE SEMINAR SPONSORED BY
ST PETER'S PRESBYTERIAN,
CHRIST CHURCH ANGLICAN
AND MOUNTAINSIDE LUTHERAN
CHURCHES.**

RETIREMENT IS A TIME OF...

change, transition, and adjustment to new rhythms of life. Decisions have to be made about how we will spend our time and money, where we will live, what activities we will pursue. Some of us have family and medical issues to consider. And as we step away from our working life we often feel unsure about how to adapt to our new circumstances and where to find the advice and help we need.

So if you are 65 and over and are facing perplexing questions about living your later years to the full, then this seminar is for you! We will be covering important topics and leading specialists will be helping us to explore the challenging issues that retirement presents. We will also inspire you to think about ways in which you can contribute to the well-being of the wider community in your retirement years.

The seminar runs over two days to give sufficient time to cover all the topics, so plan to be present both days.

SPEAKERS INCLUDE:

Murray Weatherston

-Director of Financial Focus

Dr Murray Hodder

-retired specialist in the care of older people

Kaye Shannon

—Sibun's Funeral Services

Maddox Ahuja

-Auckland Community Law Centre

Revd Marianne Hornburg,

*-Chaplain at Selwyn Village,
Point Chevalier*

Jane Tyrer

*-Auckland District Health Board's
Senior Line*

Steve Farrelly

-recent retiree involved in the running of breakfast clubs in local schools and other community activities.

PROGRAMME

Thursday September 10th

10:00am Welcome

10:10am Financial Planning

– Murray Weatherston

11:10 am Health and Fitness

-Murray Hodder

12:00pm Lunch

12:40pm– Living options & Getting The Help you Need

-Jane Tyrer

1:40pm Life's Big Questions For The Third Age

-Marianne Hornburg

Friday September 11th

10:00am Welcome

10:10am Legal Issues

–Maddox Ahuja

11:10 am Funeral Planning

-Kaye Shannon

12:00pm Lunch

12:40pm Making a Difference

– Steve Farrelly

1:40pm Answering Your Questions

-Q&A Panel Discussion

COME AND BE INFORMED!

COME AND BE INSPIRED!

**THERE IS PARKING AT
ST PETER'S CHURCH,
7 HARRISON ROAD, ELLERSLIE.**

**THE PROGRAMME BEGINS AT
10AM AND CONCLUDES AT
2:30PM EACH DAY.**